

# Sonderkurse

Änderungen vorbehalten

Stand: 20.02.2026

Montag		Dienstag		Mittwoch		Donnerstag		Samstag		Sonntag				
20:30 - 21:45		20:30 - 21:45		17:45-18:45		18:00-19:00 20:30-21:30		19:00 - 20:15		15:30-16:45 17:15-18:15		15:00 - 17:00		
		Stand-Solo ab Bronze		Latein Solotraining ab Bronze Ab Gold						Standard Solo ab Gold				
2.3	Discofox Club	Discofox 1	3.3	Slowfox	4.3		5.3		7.3	Argentino	Slowfox	8.3	Salsa Aufbaukurs	
9.3	Discofox Club		10.3		11.3		12.3	Discofox 1	14.3			15.3		
16.3	Discofox Club		17.3		18.3	Paso 1	Paso 2	19.3		21.3	Frühlingsball	22.3	Salsa Einsteiger	
23.3	Discofox Club	Discofox 2	24.3	Quickstep	25.3			26.3		28.3	West Coast	29.3		
30.3	Discofox Club		31.3	Ostern	1.4	Ostern	2.4	Ostern	4.4	Ostern		5.4	Ostern	
6.4	Ostern		7.4		8.4			9.4	Discofox 2	11.4	Swing	Quickstep	12.4	
13.4	Discofox Club		14.4		15.4	Rumba 1	Rumba 2	16.4		18.4			19.4	Langs. W. Posen
20.4	Discofox Club	Discofox 1	21.4	Langs. W.	22.4			23.4		25.4	Foxtrott		26.4	
27.4	Discofox Club		28.4		29.4			30.4	Salsa 1	2.5	into	Langs. W.	3.5	DF 1 Crashkurs
4.5	Discofox Club		5.5		6.5	Cha Cha 1	Cha Cha 2	7.5		9.5	Maitanz	10.5		
11.5	Discofox Club	Discofox 2	12.5	Tango	13.5			14.5	Chr. Himmelfahrt	16.5	Discofox		17.5	Latin Cha Cha
18.5	Discofox Club		19.5		20.5			21.5		23.5	Slowfox		24.5	Pfingstsonntag
25.5	Pfingstmontag		26.5		27.5	Jive 1	Jive 2	28.5	Discofox 1	30.5	gehobene	Tango	31.5	
1.6	Discofox Club		2.6	Wiener W.	3.6			4.6	Fahrt ins Blaue	6.6	Variationen		7.6	Salsa 2
8.6	Discofox Club	Foxtrott into	9.6		10.6			11.6		13.6	Boogie		14.6	
15.6	Discofox Club		16.6		17.6	Samba 1	Samba 2	18.6		20.6	Woogie/ Swing	Wiener W.	21.6	West Coast Swing
22.6	Discofox Club	Discofox	23.6	Slowfox	24.6			25.6	Discofox 2	27.6			28.6	
29.6	Discofox Club	Discofox 1	30.6		1.7			2.7		4.7	Tango		5.7	DF Showfiguren
6.7	Discofox Club		7.7		8.7	Paso 1	Paso 2	9.7		11.7	Argentino	Slowfox	12.7	
13.7	Discofox Club		14.7	Quickstep	15.7			16.7	Salsa 1	18.7			19.7	Slowfox Posen
20.7	Discofox Club	Discofox 2	21.7		22.7			23.7		25.7			26.7	
27.7	Discofox Club		28.7		29.7	Rumba 1	Rumba 2	30.7		1.8		Quickstep	2.8	
3.8	Discofox Club		4.8	Langs. W.	5.8			6.8		8.8			9.8	
10.8	Sommer		11.8	Sommer	12.8	Sommer		13.8	Sommer	15.8	Sommer		16.8	Sommer
17.8	Discofox Club		18.8		19.8			20.8		22.8			23.8	
24.8	Discofox Club		25.8		26.8	Cha Cha 1	Cha Cha 2	27.8		29.8		Langs. W.	30.8	
31.8	Discofox Club		1.9	Tango	2.9			3.9		5.9			6.9	
7.9	Discofox Club		8.9		9.9			10.9		12.9			13.9	